

Attention: Northwood Tenants and Family

March 12, 2020

Northwood is activating our pandemic plan to prepare and respond to the recent Novel Corona Virus (COVID – 19). There are no identified cases of COVID – 19 in Nova Scotia to date, however there continues to be Influenza activity.

Here are the precautions we are taking:

The Nova Scotia Department of Health and Wellness has restricted all visitors who have travelled outside of Canada for the 14 days following their return to the country from entering any nursing home. **Please ask your friends/family to not visit Northwood if they have travelled outside of Canada.**

If you have travelled outside Canada you will be required to self quarantine for 14 days. It is important to self monitor for respiratory symptoms and to remain in your apartment if you have symptoms e.g. cough, fever, difficulty breathing. If symptoms worsen call 811 for further assessment.

Seniors are a higher risk for complications, therefore, it is important that you seek further assessment if symptoms worsen. Please refer to the information attached from the Nova Scotia Department of Health and Wellness on prevention and preparation measures – or visit <https://novascotia.ca/coronavirus/>

• **Increased Environmental Disinfection** has been implemented for frequently touched areas. It is important to disinfect surfaces and frequently touched areas in your apartment daily with a general household disinfectant.

• **Personal Protective Equipment (PPE)** Inventory (masks, gowns, eye shields) is monitored daily and replenishment is ongoing. We have sufficient stock to respond to respiratory illnesses. Should an outbreak be identified we will work with Department of Health to secure additional PPE if required.

Communication and Information: As the global infections continue information is constantly changing. Information will continue to be updated on the Northwood website regularly www.nwood.ns.ca. Northwood will continue to be transparent with information and will work in collaboration with the Department of Health and Wellness and Public Health Services.

Daily provincial updates are available at: <https://novascotia.ca/coronavirus/>

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