

## BEDFORD CAMPUS UPDATE - AUGUST 3, 2020

### VISITS

At the Bedford Campus, we continue to be able to accommodate up to 72 outdoor visits per week. Our recreation staff is working very hard with the Allied health team and Community Rec to make these visits happen. They continue to work within the Public Health Directives to maintain resident safety while creating the most comfortable environment possible.

On July 27th, we will begin to open to indoor visits and we will be able to accommodate at least 24 indoor visits per week. The indoor areas must be as close to an entrance as possible as per the Public Health directive while again providing a comfortable area for visits.

Visitors will continue to be screened prior to the visit and at arrival. Masks are required for both indoor and outdoor visits. We were pleased to be advised that a brief physical contact is now permitted while wearing masks and completing hand hygiene following contact. We know people have been longing for that physical contact.

Please call 902-407-8520 to book your indoor and outdoor family visits.

### RESIDENT MOVEMENT

Residents who decided to live with family over the past months have returned to the Bedford Campus. It is nice to have them back.

Over the past week, residents have been able to independently come off their homes and socialize on the second floor. There is a new solarium on the second floor with two adjoining outside areas. Areas are set up to support social distancing. In addition, on July 27, residents can visit the 1st floor, however, they need to avoid the main entrance and reception area at this time.

It is so nice to see the faces of residents outside of their homes.

## PACKAGES FOR RESIDENTS

Non-perishable packages can be delivered to the front desk. We ask that perishable items not be dropped off as it may take up to 24 hours to deliver items to each resident.

## RESIDENT PROGRAMMING

Recreation staff is starting to look at plans to support some small programs adhering to the Public Health directions of a ten-person maximum, with people from the same floors. There is work being done to support the hiring of some Long Term Care Assistants who will free up the recreation staff to support more programs.

Physiotherapy appointments will resume in the physio gym. It will be limited due to physical distancing requirements and disinfection requirements between appointments.

Other services continue on floor visits e.g. Social Work, Occupational Therapy, Hospice, Spiritual Care

## HAIR SALON

The stylists have been preparing the salon and will resume their services on Monday, August 3rd. They will follow the Cosmetology Association requirements including physical distancing and sanitizing between each client and are excited to be back!

## STAFF

Staff continues to be screened for symptoms when entering the facility, continue to wear masks at all times, and physically distance when on breaks. We have cohorted staff to homes and are minimizing crossover with staff when possible.

Anyone entering a home continues to be required to sign in when entering the home.

Staff who have worked hard throughout these past few months have started to take some well-deserved vacation and we are very grateful to the many staff who showed up and continue to show up consistently for their shifts.

Although the Northwood community looks different there is some normalcy returning. We look forward to having families and volunteers return when Public Health gives us direction. Our priority is and always will be the safety for those we serve and those who serve. It is also important to maintain a quality of life knowing the importance of resident and family connection benefits everyone's wellbeing. We will and must continue to adhere to the Public Health Direction while monitoring the impact on residents and relaxing the restrictions as it is safe to do so.

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