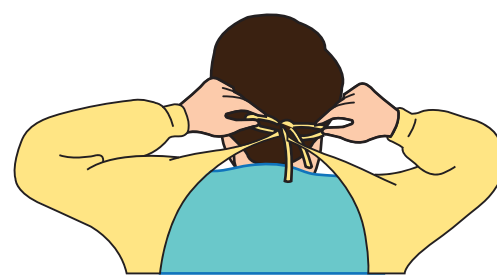


# 1 HAND HYGIENE



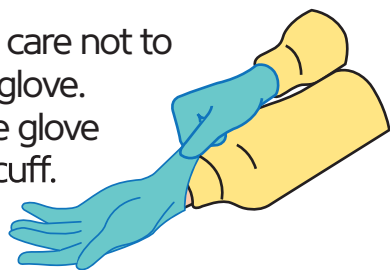
# 2 PUT ON GOWN



- Tie gown neck and waist ties securely.

# 5 PUT ON GLOVES

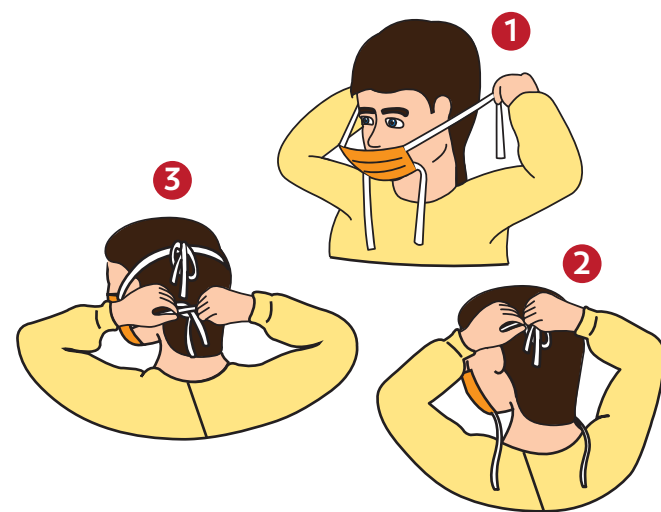
- Put on gloves, taking care not to tear or puncture the glove.
- If a gown is worn, the glove fits over the gown's cuff.



PUTTING ON PPE

# 3 PUT ON MASK

- Place mask over nose and under chin
- Secure ties, loops or straps
- Mould metal piece to your nose bridge
- For respirators, perform a seal-check



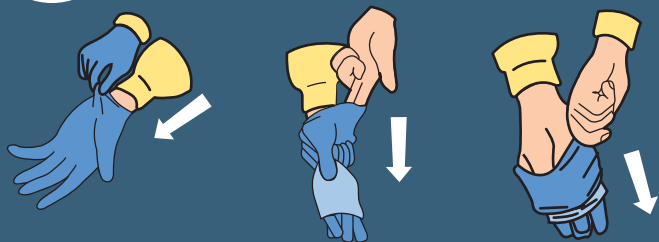
# 4 PUT ON PROTECTIVE EYEWEAR



- Put on eye protection and adjust to fit
- Face shield should fit over brow



# 1 REMOVE GLOVES



- Remove gloves using a glove-to-glove/skin-to-skin technique
- Grasp outside edge near the wrist and peel away, rolling the glove inside-out
- Reach under the second glove and peel away
- Discard immediately into waste receptacle



TAKING OFF PPE

# 2 REMOVE GOWN



- Remove gown in a manner that prevents contamination of clothing or skin.
- Starting at the neck ties, the outer, 'contaminated', side of the gown is pulled forward and turned inward, rolled off the arms into a bundle, then discarded immediately in a manner that minimizes air disturbance.



# 6 HAND HYGIENE

# 3 HAND HYGIENE



# 5 REMOVE MASK

- Ties/ear loops/straps are considered 'clean' and may be touched with hands.
- The front of the mask is considered to be contaminated.
- Untie bottom tie then top tie.
- Pull forward off the head, bending forward to allow mask to fall away from the face.
- Discard immediately into waste receptacle.



# 4 REMOVE EYE PROTECTION

- Arms of goggles and headband of face shields are considered to be 'clean' and may be touched with the hands.
- The front of goggles/face shield is considered to be contaminated.
- Remove eye protection by handling ear loops, sides or back only.
- Discard into waste receptacle or into appropriate container to be sent for reprocessing.
- Personally-owned eyewear may be cleaned by the individual after each use.

